

SESSION 12 -- PULLING IT ALL TOGETHER

Comprehensive Review

HOMWORK REVIEW:

- 1) Monologues - Did you find at least one monologue that was right for you? Have you started working on it? What are you experiencing?
- 2) Keep doing the work until you have 3-5 solid, prepared monologues ready to go.

NOTE: Monologue/Scene Work is a continuous process for the working actor and needs to become a working part of the actor/artist's lifestyle.

MEAT AND POTATOES:

1. DEFINE THE FOLLOWING:

A. Creative Artist -

B. Survivalist -

C. Artist Adventures -

- Nurture your creative artist by doing an *Artist Adventure.
- What will your next Artist Adventure be? Plan and schedule it now.

D. Sign Up for the CBSI Updater (our studio newsletter) -

- Go online to claybanksstudio.com
- Click the "Contact Us" button on the menu bar.
- Then click on the Paper Airplane and fill out the form.
- You will begin receiving email updates.

E. Free Online Resources -

- Follow Coach Bank's Blog for even more inspiration and free assignments that coincide with the training in the studio
- Go online to claybanksstudio.com
- Follow us on twitter @CoachClayBanks
- Like and Share our Facebook page: Clay Banks Studio International

F. Instrument and Craft -

- What does the phrase “unripe fruit” refer to?
- We are not _____, we are who we are.
- What we do is _____, not who we are.
- Be able to take _____.
- Separate your value as a person from your acting so that when you’re given critiques, you’ll remain poised.

G. What is Acting? -

- Above all, your work needs to be _____ & _____.

H. The Key Levels of Story -

- All Story Comes out of _____.
- _____ + _____ + _____ + _____ + _____ = INTEREST!
- When you eliminate _____, you eliminate the _____ of the character and the character becomes less _____.
- Skilled actors can even take that love into terrible characters and because those terrible characters still have their humanity they stay likeable.

For Example:

- Tom Cruise in Collateral as Vince
- Kathy Bates in Misery as Annie
- Robert De Niro in Cape Fear as Max
- Charlize Theron in Monster as Aileen
- Heath Ledger in The Dark Knight as The Joker

What are the Three Key “W’s” of Storytelling -

2. W _____
3. W _____
4. W _____

I. Actions & Intentions -

5. Theater acting is _____.
6. Film acting is _____.

Raising Awareness -

7. How do you create energy? _____
8. How do you care more? _____

J. Movement & Breathing -

- Breathing exercises are really important, practice them! (Review Session 3)
- What are power breaths:

K. Voice -

- Always make sure your voice is projecting properly and that it's modulating in proportion to your environment.
- Drink More water!
- Don't hurt or damage your voice.
- **Compression -**
- Speak with Compression
- Move with Compression

L. Controlling Nerves -

- What are some things you can do to help control your nerves?

M. Getting People *On-The-Bus With You -

- How do you get people to go on the journey with you?

N. The Big Lie -

- Suspension of disbelief.
- See Session 4 Theory and Mechanics

O. Terminology -

- **This Document can be found under this Lesson's Resource Documents for Download section**

P. Script Analysis -**Q. Line Lifting Sheet -**

- **This Document can be found under Chapter 12 Resource Documents for Download section**
- During line lifting you put 90% focus on _____ and 10% focus on _____.

R. Script - Copy - Sides -**S. Cold Reading - Memorization - Prepared -**

- Ice cold reading is mostly done for _____.
- Cold Reading is done in _____.
- **“The Pit” or “Grey Zone” is when -**
- **Memorized -**
- **Prepared -**
- You need to be prepared for coverage. What is coverage?

T. White Lines & Black Lines -

- The Black Lines are:
- The White Lines are:
- Improvisation is only allowed when:
- Lack of preparation does not make for a _____.
- Know the black lines (the written dialogue) perfectly and layer your complexities in the white lines (the subtext).
- Make sure you're accurate with the black lines, as a lot of effort has gone into writing them--it's the writer's art form.
- If you're auditioning, the writer may be in the room and/or the director may be the writer.

U. Walking & Talking -

- Blocking-
- Position -
- Business-

V. Energy / Chemistry / Intimacy -

- See Session 8 Energy
- Be "In The Moment"

W. Leads / Characters / Archetypes

- If you aren't already in possession of this document, here's the link to the CHARACTER BREAKDOWN SHEET: <http://bit.ly/1rAixFB>

X. Tracking your Pie Chart

- At this point, if you've been pacing yourself correctly, you've spent several months exploring and developing your Creative Artist. Congratulations! It's now time to make a new pie chart.
- The new pie chart will represent the amount of time you're currently spending on your Creative Artist. Compare this chart to the pie chart you made at the beginning of this course. How much has your Creative Artist taken over your Survivalist?

NOTE: If you need a review of the pie charts, revisit Session 1.

HOMEWORK: Be Here Now

- 1) Prepare for the Final Exam
 - Do a comprehensive review of everything you've learned during this course.
 - Review the notes you've taken.
 - Re-work the assignments if desired.
 - Re-watch any sessions you want to review as many times as you'd like.
 - Contact your coach with any questions.

- 2) Last Chance to request an additional private coaching session before your final exam.*

NOTE: *Three one-on-one private skype sessions are included with this course. Any additional sessions incur a cost.

- 3) Online Resources
 - Visit Coach Bank's Blog: <http://old.claybanksstudio.com/blog/>
 - Learn about LA's 1 Minute Monologue Contest at 1MinuteMonologue.com

- 4) Final Assignment:
 - Look up the term Scaffolding on your Verbiage & Terminology Sheet.
 - Spend a full day by yourself doing something. It can be an Artist Adventure or simply some personal time alone. Practice being in the HERE and NOW by eliminating distractions and focusing on one specific thing for 3 minutes. Then begin to build on that time, increasing your focused time to 5 minutes, then 10 minutes, etc.
 - Do this exercise without your PHONE or COMPUTER--it will help you get better in touch with your instrument.
 - This last homework assignment is designed to help you practice focusing on "being in the moment" so you can learn to drop the Scaffolding!

END SESSION 12

Congratulations - You Did It!

COMPLETION OF 4th (and final) MODULE!

This marks the end of the video lecture portion of your On-Camera Certificate Course. Now is the time to use all of your notes from Sessions 1-12 to prepare for your Final Comprehensive Exam. You'll find your final exam by clicking the Blue TAKE TEST button under this lesson's main menu.

You must complete and pass the Session 12 Quiz before proceeding with Lesson 16.

As a reminder, this would be the time to schedule your final **(optional) PRIVATE COACHING SESSION**. (This is only if you wish to receive extra coaching before Lesson 16's FINAL PERFORMANCE EVALUATION).

*You have already completed the three one-on-one private skype coaching sessions that come with this course. If you wish to receive any additional (optional) coaching sessions before your final performance evaluation, the private session will incur a cost.

The next Lesson (Lesson 16) is your Final Performance Evaluation. Please prepare your monologue from Chapter 11's homework assignment. Be prepared to receive notes and adjustments from your coach. All information on how to set up your Final Performance Evaluation will be available after you pass the Final Comprehensive Exam.
