

# Character Breakdown Sheet

## Physiology

1. Archetype
2. Age
3. Sex
4. Posture/Disposition
5. Deformities/Abnormalities
6. Physical Center
7. Habits
8. Height & Weight

## Sociology

1. Social Class/Status
2. Education
3. Family
4. Occupation
5. Religion/Politics
6. Nationality
7. Hobbies
8. Public/Private

## Psychology

1. Sexual Life/Standards
2. Morals, Ethics
3. Temperament
4. Obsessions
5. Ambitions, Desires
6. Neuroses
7. Intelligence, I.Q.
8. Outlook

## ANSWER ALL QUESTIONS BELOW IN THE FIRST PERSON AS THE CHARACTER

(not all questions will apply to all characters)

1. What is your full name? What is the significance of the name the writer has given you?
2. What is your marital status and/or history? How do you feel about that?
3. What is your medical or physical history? How is your health right now? Where's it headed?
4. What is your greatest weakness and greatest strength? Do these change during the scene? How?
5. What is your general philosophy of life and attitude toward the world? Are you in control of it?
6. What are the things in your life that are most important? (List in order of priority) What pisses you off?
7. What do you say about the other characters? What do they say about you? (In the script)
8. What does the writer give you about your character in the scene? What do you need to fill in?
9. What are your feelings about the other characters at the beginning of the scene? How do these feelings change and why? What do you think about that?
10. How do the other characters feel about you at the beginning? How do these feelings change and why?
11. What... Color? Painting? Historical Figure? Animal? Food? Automobile? State/Country?... would you be?
12. What single physical gesture would best summarize your character? (Psych/Emotional gesture)
13. What experience in your own life (as the actor) can you draw on in the creation of your character?
14. If you were your character, what circumstances would have to happen to you in order to be in the particular situation of the story? If you were your character, what would you do? (Answer as the actor)
15. In what ways do you change throughout the scene/story? Do you like/agree with them?
16. Other than yourself, who are the most important people in your life? The least/most important?
17. What is your general response to other people? (Extrovert, introvert, etc.)
18. What are your dreams for the future? What do you see yourself doing ten years from now? Are you content with your life now? Where/what are your frustrations -- happiness?
19. What is your emotional climate? How do you respond to emotional stimuli?
20. What is the writer's purpose for you in the story? How do you advance the story/scene?
21. Unit by unit (scene, beat, moment, etc.), what are your objectives? What are your obstacles?
22. What is your super objective - minor objectives? What aren't you telling anyone - what are you saying?
23. Make a list of adjectives to describe yourself. Then go deeper with it?
24. What is the environment of the story/scene and how does it affect you? What would you change?
25. Create a complete imaginary background/biography for your character leading up to the beginning of the story. Really know who you are as the character. It will still be YOU becoming them.
25. Describe what you are doing when you are not in the scene during the course of the story/scene.
26. Create an inner monologue (thoughts, reactions) for your character for the entire action of the scene/story.
27. In regards to social media, what are your views? How do you communicate on different platforms?
28. What truly motivates or compels your character, right now in the moment, overall in life?